

## 02. RED CAPSICUM & WALNUT DIP



Prep time:10 minutes    Makes: 2 cups

### INGREDIENTS

- 1 cup S&W Real Whole Egg Mayonnaise
- 1/2 teaspoon chilli flakes
- 1 clove garlic, crushed
- 270g jar chargrilled capsicums in oil, drained
- 165g bag walnut pieces, toasted
- Crudites and breadsticks to serve

### INSTRUCTIONS

1. Process ingredients until almost smooth.

### TIPS

- This dip is also great stirred through pasta or spooned over a baked potato.
- Try it as a sauce with grilled chops or sausages.
- If you can't get hold of walnuts, try using pecans.
- Vary the amount of chilli according to how hot you like things – you could even try adding a finely chopped fresh red chilli.



Check for other great S&W Real Whole Egg Mayonnaise recipes at [www.swmayonnaise.com.au](http://www.swmayonnaise.com.au)